



Sathya Sai – The path to being God

Throughout His life, Sathya Sai Baba showed the world an example of being God. The message of being truthful, righteous, appropriate, spontaneous all with integrity and an inspiration beyond compare was His way of demonstrating that all these and more were indeed possible by Man. There are many who are yet to understand Him and those who doubt Him. Yet, without a shade or shadow of ego, He set to achieve what is today a glaring example of being God ...Unlimited love and light, unlimited potential.

Now, it is for us to follow His footsteps. His message which was downloaded and transcribed by a part of His glory is here for me to share with you.

Everything is born out of Love and Light.

Everything is brought into shape with Love and Light.

Love and Light is all that exists.

Everything that exists radiates Love and Light.

You too are Love and Light.

You too radiate Love and Light.

Your perception of darkness or an absence of this inner light is what makes you want to depend on an external source of Love and Light.

A cat sees in the dark because it acts as God directs. There is no question of duality. Man requires light to see in the dark. He has forsaken his ability to see in the dark.

However, when the light outside is turned off, there's only a temporary moment of darkness. When you centre your awareness and open your eyes, the eyes are able to see in this darkness too. It is not the ability of the eyes alone to see. It's just that all of creation is formed of love and light. The reflection of their awareness as light which lights up the body is what the eyes see.

One whose awareness is not centered will not see this reflected light and instead will want assistance of an external light source.

God is the inner light in all of creation. God is a part of all of creation. God is not separated from anything. God never ever separated from anything. So, why do you want to experience this separation which does not exist? Why build false perceptions?

Come to the truth. Know your inner reality. Know that God is within you. Know that you and God are one. There is no force in this Universe that can separate you from God.



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The practice of Oneness

Know the utility of everything. Everything has come to serve you. There is no question of you having an experience without deserving it. Experiences are neither good nor bad. Experiences are required for you to realize that you are not the body, mind or your thoughts. Experiences are required for you to realize that you are divine... you are God.

Be grateful to all of creation that is here to serve you. Love everything for its being here to serve you by sharing its state of love and light. Accept everything. It's only through reflection that you come to know of your state of divinity, your state of completeness.

With practice, you'll realize that you and God are one. Then everything is a part of you and you a part of everything. Then you are the reflected and reflection. There is absolute oneness.

Fire has a property to transform. Its innate nature is to transform everything it comes in contact with. Realizing and accepting this reality helps us keep fire under control and appreciate its utility. When it gives warmth, we appreciate it and express gratitude.

When fire transforms and from our beliefs and resistance we don't accept this state of transformation, we call it destruction. Fire never destroys... it only transforms.

Matter can never be created or destroyed. It can only be transformed. Fire is present in all of creation to enable transformation. Every thought is fuelled by an inner fire. Keeping the inner fire under control will help you keep your thoughts under control.

Destruction is a process of fire consuming everything. Transformation is a process of utilizing fire to bring about a desired change in an aspect of creation with complete awareness.

Gold, when heated to the right temperature, enables itself to be transformed into any shape the Goldsmith so desires. He understands the properties of Gold and fire and uses them appropriately. Gold, when heated without awareness, will melt and evaporate. It's the lack of awareness which causes Gold to evaporate. Fire was there all of the time transforming Gold to the extent the fire was used. Hence, awareness is required for transformation.

People use the word 'self transformation'. God says, go beyond the form and realize the self. Practice seeing the formless in every form.

Love alone can set you free from the minds contraption of forms and shapes. Love transcends every form and shape and helps us realize the formless... the realization of oneness of everything.



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It is with awareness one can understand the utility of everything, accept everything and love everything unconditionally.

Love unites. Love merges everything into one. When you love something unconditionally, there is no more separation. There is mergence within you. When there is inner mergence, the mind will no longer see separation.

There is indeed no separation. Separation is what the mind sees. It is like a child who knows the utility of nothing and wants to use everything. The variety the mind sees is what it believes in. Train the mind to see the oneness and inner connectedness of everything and that is what the mind will see.

Practice... practice... practice. Practice acceptance, practice unconditional love, practice expressing gratitude, practice being awareness.

- Love and Light as Mahesh